

PECcalendar.org

Parent Education Consortium of the North Shore (PEC)

2011-2012 Calendar, January 2012 Edition

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The Parent Education Consortium of the North Shore (PEC) is a centralized source of information on parent resources and programs that promote stronger schools, family and community life. PEC is comprised of representatives from the community and parent/teacher organizations who offer programming on parenting topics through joint planning and shared resources. The Calendar of educational programs for parents and educators is compiled from submissions provided by the sponsoring organizations. Deb Guy is PEC's founder *emeritus*.

NOTE: All programs are free unless indicated by a "\$"; programs requiring registration or reservations are indicated by "RSVP." Book Talks sponsored by The Book Stall in Winnetka, on topics of interest to parents, are headlined in BLUE. Fundraisers are headlined in GREEN, are clustered at the end of the Calendar, and are indicated with a green "F." New entries to the Calendar are headlined in RED.

NEW! 3-WEEK WORKSHOP SERIES ON ORGANIZATIONAL SKILLS

3 Tuesdays (1/17; 1/24; 1/31), Learn the Strategies of an Organized Student, 10-11:30 AM, Women's Exchange, Winnetka Community House Annex, 620 Lincoln Ave., Winnetka, 60093 (RSVP; \$). Less stress, more confidence, higher productivity and better grade potential are the benefits gained by students with strong organizational skills. Today's elementary, high school, and college students are inundated with classes, activities, obligations, online distractions, and high expectations. An unorganized student has little chance of surviving. To address this, **Margie Heisler**, founder of **An Organized Student**, has developed hands-on workshops for parents, designed to teach skills to help their student achieve future success. The focus is critical organizational strategies. Topics covered in three weeks include: managing school papers, student filing systems, and time management. \$45 plus \$20 materials fee. Call 847-441-3406 to RSVP.

NEW! 4-WEEK POSITIVE PARENTING INTERACTIVE WORKSHOP SERIES

Fridays in February (2/3; 2/10; 2/17; 2/24), The Art of Positive Parenting, 9:30-11:00 AM, First Congregational Church of Wilmette Library, 1125 Wilmette Ave., Wilmette, 60091 (RSVP; \$125). This four week interactive workshop is open to parents of preschoolers and presented by **Beth Miller, M.Ed., PCI Certified Parent Coach®**. Learn effective communication and problem solving skills that encourage cooperation and enhance mutual respect. Gain tools and strategies to deal with daily struggles. Receive valuable information and support to help you make positive changes in your family. Beth Miller has 25 years of experience as an educator, counselor and coach and is an approved instructor of *The Art of Positive Parenting*. She has worked with hundreds of families, providing guidance, education and support. She helps families develop practical strategies to work through every day parenting challenges, individually and in small groups. To register for this workshop, open to parents of children ages 2 to 6, email beth@bethmillerparentcoach.com. Cost is \$125 and includes the text.

2011 NEW TRIER HIGH SCHOOL STUDENT PROFILE

Wednesday, January 4, Understanding New Trier: The Real Story, 7:00 PM, New Trier High School, Winnetka Campus, Gaffney Auditorium, 385 Winnetka Ave., Winnetka,

60093. Discover what levels of classes 2011 New Trier grads took during their four years, the colleges they are attending, their extracurricular activities and more when **Paul Sally, Assistant Superintendent for Curriculum and Instruction**, and **Tim Hayes, Assistant Superintendent for Student Services** present the 2011 Student Profile, a comprehensive look at the Class of 2011. Don't miss this insightful perspective on the New Trier student experience and how it may relate to your child. Parents of all grades welcome! Sponsored by the NTPA Class of 2015 Board.

NEW! BOOK STALL TALK

Sunday, January 8, "Following Ezra: What One Father Learned About Gumby, Otters, Autism and Love from His Extraordinary Son," 2:30 PM, The Book Stall at Chestnut Court, 811 Elm St., Winnetka, 60093. Los Angeles author and journalist **Tom Fields-Meyer**, a former senior writer for *People*, will speak about his book, a heartwarming and hopeful memoir of his experience raising his autistic son. Mr. Fields-Meyer will be interviewed by Chicago author **Jonathan Eig**. Mr. Fields-Meyer has been writing stories for popular audiences for nearly three decades, specializing in telling meaningful and worthwhile narratives with humanity, humor and grace. In twelve years as senior writer at *People*, he produced scores human-interest pieces and profiles of newsmakers. Tom's memoir, *Following Ezra: What One Father Learned About Gumby, Otters, Autism, and Love from His Extraordinary Son*, is full of tender moments and unexpected humor. The book tells the story of a father and son on a ten-year journey from Ezra's diagnosis to the dawn of his adolescence. It celebrates Ezra's evolution from a remote toddler to an extraordinary young man, connected in his own remarkable ways to the world around him. Tom's writing has appeared in dozens of publications, including *The New York Times Magazine*, *The Wall Street Journal*, the *Los Angeles Times* and *The Washington Post*. For more info, contact The Book Stall at 847-446-8880.

NEW! BOOK STALL TALK

Tuesday, January 10, "Strings Attached: Untangling the Ethics of Incentives," 7:00 PM, The Book Stall at Chestnut Court, 811 Elm St., Winnetka, 60093. **Ruth W. Grant, Ph.D., Professor of Political Science and Philosophy** and **Senior Fellow at the Kenan Institute for Ethics at Duke University**, talks about the history, morality, and unintended consequences of the modern obsession with using incentives to change behavior. She explores cases from plea bargaining in criminal courts to paying students to earn good grades, and asks: can incentives be manipulative or exploitative, even if people are free to refuse them? Incentives can be found everywhere—in schools, businesses, factories, and government—influencing people's choices about almost everything, from financial decisions and tobacco use to exercise and child rearing. So long as people have a choice, incentives seem innocuous. But *Strings Attached* demonstrates that when incentives are viewed as a kind of power rather than as a form of exchange, many ethical questions arise: How do incentives affect character and institutional culture? Can incentives be manipulative or exploitative, even if people are free to refuse them? What are the responsibilities of the powerful in using incentives? Dr. Grant shows that, like all other forms of power, incentives can be subject to abuse, and she identifies their legitimate and illegitimate uses. Grant offers a history of the growth of incentives in early twentieth-century America, identifies standards for judging incentives, and examines incentives in four areas—plea bargaining, recruiting medical research subjects, International Monetary Fund loan conditions, and motivating students. In every case, the analysis of incentives in terms of

power yields strikingly different and more complex judgments than an analysis that views incentives as trades, in which the desired behavior is freely exchanged for the incentives offered. Challenging the role and function of incentives in a democracy, *Strings Attached* questions whether the penchant for constant incentivizing undermines active, autonomous citizenship. Dr. Grant is the daughter of **Bernice Weissbourd**, founder of **Family Focus**. For more info, contact The Book Stall at 847-446-8880.

NEW! SOCIAL ACTIVISM

Wednesday, January 11, Claire Bell Baker Series: Jane Addams: Social Activist and Progressive Thinker, 7:00 PM, Baker Demonstration School, Carlson Auditorium, 201 Sheridan Rd., Wilmette, 60091 (**RSVP**). An evening with **Louise W. Knight**, author of *Jane Addams: Spirit in Action*. Ms. Knight's full life biography of Jane Addams was published by W. W. Norton in September 2010, on the occasion of the 150th anniversary of Addams' birth. In this landmark biography, Jane Addams becomes America's most admired and most hated woman – and wins the Nobel Peace Prize. Jane Addams (1860-1935) was a leading statesperson in an era when few imagined such possibilities for women. In this fresh interpretation, the first full biography of Addams in nearly forty years, Ms. Knight shows Addams's boldness, creativity, and tenacity as she sought ways to put the ideals of democracy into action. Starting in Chicago as a co-founder of the nation's first settlement house, Hull House – a community center where people of all classes and ethnicities could gather – Addams became a grassroots organizer and a partner of trade unionists, women, immigrants, and African Americans seeking social justice. In time she emerged as a progressive political force; an advocate for women's suffrage; an advisor to presidents; a co-founder of civil rights organizations, including the NAACP; and a leader for international peace. Written as a fast-paced narrative, *Jane Addams* traces how one woman worked with others to make a difference in the world. This event is free and open to the public; please RSVP 847-425-5800.

NEW! CHANGE OF LOCATION FOR "LOUDER THAN A BOMB" MOVIE SCREENING

Thursday, January 12, "Louder Than A Bomb," 7:00 PM, New Trier High School, Winnetka Campus, Gaffney Auditorium, 385 Winnetka Ave., Winnetka, 60093 (**RSVP**). (**NOTE: Due to high demand for seats, this event location has changed from The Wilmette Theatre to New Trier HS's Gaffney Auditorium**). Come join us for a free screening of the prize-winning documentary "**Louder Than a Bomb**," which chronicles the hopeful, heartbreaking, unforgettable journey of four Chicago-area high school poetry slam teams as they prepare for the annual competition that draws more than 600 teenagers from over 60 Chicago area schools. Special Guests: *LTAB* filmmakers **Greg Jacobs** and **Jon Siskel** will attend our event, along with *LTAB* slam poets **Adam Gottlieb** and **Nate Marshall** (featured on HBO's "Brave New Voices," and a 2010 finalist for the Gwendolyn Brooks Open Mic Award), and **Kevin Coval** (co-founder and Artistic Director of Louder Than a Bomb: The Chicago Teen Poetry Festival, a regular contributor to Chicago Public Radio, a four-time HBO Def Poet, and teacher at the School of the Art Institute of Chicago). All five will conduct a follow-up program and performance immediately after the movie screening. Sponsored by the **Family Awareness Network of New Trier Township (FAN)**, in partnership with **New Trier High School's Parents' Association** and **The Wilmette Theatre**. FAN is grateful for its 2011-12 partnerships with **North Shore Community Bank**; **NorthShore University HealthSystem**; **Quintessential New Trier** magazine; and **The Book Stall at Chestnut Court**. CPDUs available for

education professionals. Seating is quite limited, and registration is required at FAN's website, www.fan-ntts.org. Please note that street parking around the NTHS Winnetka campus will be at a premium. Please consider using the Metra parking lot at Green Bay Rd. and Winnetka Ave., carpooling with friends, or taking public transportation.

NEW! ADD and ADHD/FILM SCREENING

Sunday, January 15, ADD & Loving It?!, 6:30 PM, Wilmette Public Library, 1242 Wilmette Ave., Wilmette, 60091. **Dale Davison, M.Sp.Ed., ACAC**, a credentialed ADHD Coach, will host the showing of "ADD & Loving It?", a humorous and informative film about Adult ADHD. The terms "ADHD" or "ADD" generally bring to mind kids with excess energy. What do you suppose happens to all of those kids? A majority of them, around 2/3, in fact, grow into adults with ADHD. Today's adults, however, grew up in a time when ADHD was not well understood and rarely diagnosed or treated. In this one-hour documentary, Canadian comedy legend **Patrick McKenna** is after the truth. "Everything you think you know about ADD is wrong," he says. McKenna talks to researchers, specialists and doctors about ADD. He also chats with ordinary Canadians and Americans who are dealing directly with the challenges of this common problem. Interwoven with these insights, Patrick shares his own life story and his struggle with undiagnosed and untreated ADD, and his present success in taking on Adult ADD. Though the suffering is real, Patrick is interested in the good news. When ADD is diagnosed and treated, he shows that life can become very sweet. A liability can become an asset. As one expert explains, "This is not a diagnosis to fear. This is a diagnosis to understand and embrace." A lively discussion will immediately follow the film. Davison plans to run monthly adult ADHD support groups in Winnetka at The Women's Exchange. More information about the groups and other support services is available at 847-269-1055 or dale@dale-davison.com.

NEW! SPECIAL NEEDS AND TECHNOLOGY

Tuesday, January 17, iTechnology to Support Students with Special Needs: What You Want to Know About iPads and iPod Touches, 9:30-11:30 AM, New Trier High School, Northfield Campus, Room C234, 7 Happ Rd., Northfield, 60093 (**RSVP**). You likely have lots of questions about iPads and iPod Touches and your student. Could my student benefit? How could they use it? How does iTunes work? Where do I find good apps? Is there a way to restrict how they are using it? How do I control what they see on the internet? The first part of this workshop will be an introduction to iTechnology and cover some of the settings and restrictions options. The second part of the workshop will identify free and inexpensive apps that can be customized to meet a variety of needs. Finally, we will answer some of your most frequently asked questions. This session is appropriate for both novice and more advanced users. Presenters: **Carrie De La Cruz, Ph.D., NSSED Assistive Technology Coordinator; Jennifer Doerscheln, NSSED Vocational Coordinator; Nancy Kind, NSSED Early Childhood Program Administrator; and Kelly Troup, NSSED Instructional Technology Consultant**. Space is limited. To ensure a seat, please **RSVP** to mades@nssed.org with your name, home telephone number and home school district by January 11, 2012. Direct questions to Mary Ades at 847-831-5100, extension 2211. Sponsored by **NSSED Association for Parents & Staff (NSSED-APS)**.

NEW! WHOLEHEARTED PARENTING

Wednesday, January 18, Wholehearted Parenting: A Conversation About Perfectionism, Power and Unconditional Love, 7:00-9:00 PM, North Shore Country Day School, Conant Science Center Atrium, 310 Green Bay Rd., Winnetka, 60093. The Parents' Association's Parent Education Committee at North Shore Country Day School welcomes back two favorite local experts, **Al Ross, LCSW** and **David Schreiber, MD**, for a dynamic community discussion on the interplay of three perennial parenting topics: perfectionism, power and unconditional love. In their clinical work, both Mr. Ross and Dr. Schreiber observe how the pursuit of perfection by parent and child alike can create obstacles to quality living, and how often the normative desire to achieve at a high level devolves into an unhealthy race to outshine, outlast, and outmaneuver others. Sometimes a parent's love and acceptance becomes (or is perceived as) conditional to a child; the parent bestows or withdraws affection and regard depending on a judgment of the child in various arenas. Or a child may struggle in her school milieu, and feel "not good enough" either academically, socially or emotionally. For parents, the task of raising a successful child to adulthood in our competitive world can seem Herculean, and a parent's better judgment can be overridden by his or her worst fears and anxieties about what the future holds. Mr. Ross is the **Coordinator of Adolescent Services at Family Service of Glencoe**, and has worked in the New Trier community for over 25 years. He is a certified substance abuse counselor, and a graduate of the **University of Chicago's School of Social Service Administration**. In addition, Mr. Ross is an adjunct faculty member at **Loyola University's Graduate School of Social Work**. Dr. Schreiber is a child, adolescent and adult psychiatrist, and the **Founder and Executive Director of Compass Health Center** in Northbrook. Most recently he was an attending physician in psychiatry at **Highland Park Hospital**. A 20-minute screening of **Brene Brown, Ph.D.**'s TED Talk, entitled "The Power of Vulnerability," will open the evening. Dr. Brown's research provides many insights into the concept of living "wholeheartedly." Mr. Ross and Dr. Schreiber will reflect on Dr. Brown's presentation, and then offer observations on what it's like to be a kid, and a parent, on the North Shore in 2012. They'll talk about the traits they find in motivated, passionate kids, and how the landscape of expectations has changed in recent years. The format will then shift to a guided discussion involving everyone present. This program is free and open to the public. For more information, contact Parent Ed co-chairs Maggie Scheyer, mscheyer@comcast.net, or Lonnie Stonitsch, lonnie@stonitsch.net.

NEW! TECHNOLOGY AND INTIMATE RELATIONSHIPS

Wednesday, January 18, Love in the Time of Blackberry: How Technology is Changing Our Intimate Relationships, 7-9:00 PM, Kenilworth Union Church, 211 Kenilworth Ave., Kenilworth, 60043 (**RSVP**). Join us for this presentation and discussion with **Cheryl Rampage, Ph.D., Senior Vice President for Programs and Academic Affairs, The Family Institute of Northwestern University**. Has the rapid growth of technology impacted our closest relationships and what can we do about it? This presentation will examine the current research with a primary focus on helping parents (and grandparents) understand the issues and possible solutions. Presentation followed by Q&A (with coffee and dessert). Please feel free to bring a friend! Sponsored by **The Alison Tobey Smart Memorial Fund at Kenilworth Union Church**. Please RSVP to the church at 847-251-4272.

RESILIENT GIRLS

Wednesday, January 18, Girl Power: Raising Resilient Girls in 2012, 7:30 PM, Deerfield High School Auditorium, 1959 N. Waukegan Rd., Deerfield, 60015. **Mary Waldon, MSW, LCSW**, specializes in change-oriented psychotherapy and dialectical behavior therapy for adolescents, young adults, and their families. Learn ways to empower your daughter to: question pervasive media and beauty ideals; cultivate her connection with you; find her voice. Learn ways for you to: validate your daughter in meaningful ways; be the parents and not the friend; share your wisdom in ways your daughter can hear. Please join us for a special reception with Dr. George Fornero, Superintendent of D113, 7:00 PM in the auditorium. Sponsored by the **Deerfield Parent Network**. Everyone is welcome at this free program! Please bring a friend! For more information, email deerfieldparentnetwork@gmail.com

NEW! BOOK STALL TALK

Thursday, January 19, "I Know Who You Are and Saw What You Did: Social Networks and the Death of Privacy," 7:00 PM, The Book Stall at Chestnut Court, 811 Elm St., Winnetka, 60093. **Lori Andrews**, a law professor at the **Illinois Institute of Technology**, talks about social networks as the defining cultural movement of our time and their influence on the erosion of personal privacy rights. She proposes a "Constitution for the Web," which she introduces in her book. Ms. Andrews traveled across the country and the world, interviewing people who use social networks to expand their opportunities and enrich their lives. She also found court cases about people whose lives, relationships, and careers have been ruined based on social network posts: The 24-year-old Georgia high school teacher who was forced to resign after she posted a vacation photo of her drinking a beer at the Guinness factory on her Facebook page. The Pennsylvania school district where high school officials remotely activated the webcams on students' laptops and snapped photos of them in their bedrooms. The badly-injured woman who brought a products liability lawsuit in New York and was told by the judge that, since she was smiling in her Facebook photos, she couldn't be that badly hurt. The marketing company that made a deal with internet service providers to tap into any information people send from their computers, be it a private post to Facebook, an email to a lover, or a Google search for "how to commit murder." How can you protect the privacy of your digital self? Ms. Andrews' book shows how people can fight back when what they post on social networks is used against them. She also ignites a battle for further protections, from a right to connect to a right to privacy, and proposes a Social Network Constitution to protect us all. Ms. Andrews works on the edge of new technology. She's advised companies, politicians, and consumers around the world about the personal and social impacts of genetic technologies, reproductive technologies, and nanotechnologies. Now she's focusing on how social networks are changing our lives, for good and ill. She is the author of ten non-fiction books and three novels. She frequently appears on television, including on *60 Minutes*, *Good Morning America*, and *Nightline*. She has written for publications that include *Playboy*, *Parade*, *New York*, *Vogue*, *Glamour*, *Self*, *Washington Post*, *Chicago Tribune*, and *Psychology Today*. For more info, contact The Book Stall at 847-446-8880.

NEW! ADHD

Friday, January 20, ADHD: What the Science Says, 10-11:30 AM, Women's Exchange, Winnetka Community House Annex, 620 Lincoln Ave., Winnetka, 60093 (**RSVP; \$**). Are you or a loved one affected by ADHD? This workshop will discuss what the science

says about the everyday behaviors of ADHD and executive functioning (organizational skills). Discussion includes strategies to manage behaviors as well as help you understand how ADHD can impact relationships with spouse/child/work or friends. **Dale Davison, M.Sp.Ed.**, Strategic Life Coach specializing in ADHD, offers no-blame, nonjudgmental strategies to effectively manage common challenges. RSVP to 847-441-3406.

NEW! SUBSTANCE ABUSE

Wednesday, January 25, Update on Teen Substance Abuse: Personal Stories of Young Lives Lost to Alcohol and Other Drugs, 7:00 PM, Glenbard North High School Auditorium, 990 Kuhn Rd., Carol Stream, 60188. The **Glenbard Parent Series/GPS/Navigating Healthy Families** will host a free presentation by experts in the legal and medical fields about the dangers and warning signs of drugs plaguing the suburbs. **DuPage County State's Attorney Robert Berlin; Linda Lewaniak, LCSW, Alexian Brothers Behavioral Health Hospital Clinical Director for the Center for Addiction Medicine**; and family members who have lost their children to alcohol and other drugs will be the evening's featured speakers. Participants will also learn about the legal yet lethal substances now available to our youth (spice, bath salts, K2, potpourri). GPS programs are generously funded by the **Cebrin Goodman Center** (an affiliate of the Lillian and Larry Goodman Foundation), and **CASE (Cooperative Association For Special Education)**. All parents and students are welcome to attend. No advance registration is required. Further information is available by contacting Gilda Ross, Glenbard Student and Community Projects Coordinator at 630-942-7573 or by email at gilda_ross@glenbard.org.

NEW! HELPING KIDS FIND PASSION

Wednesday, January 25, Make Your Mark, 7-8:30 PM, Deer Path Middle School Auditorium, 95 W. Deerpath Rd., Lake Forest, 60045. **Micah Jacobson**, co-founder of **The Boomerang Project**, whose goal is to help create schools that not only teach students, but reach them as well, will show you how to help your kids focus on who they want to be and the impact they want to make in the world. This program is part of LEAD's Middle School Series: The Blessings of Raising Teenagers. Sponsored by **LEAD, SD 65, SD 67, Lake Forest Country Day School and School of St. Mary**. For more information, please visit www.LEADweb.org

EARLY CHILDHOOD

Friday, January 27, Raising Creative and Compassionate Kids in Today's Pressure-Filled World, 9:30-11:00 AM, Sacred Heart Parish Center, corner of Gage and Burr Sts., Winnetka, IL 60093. Today's cultural pressures on children – media saturation, materialism, test-driven schools, and the fast pace of life – threaten to undermine some of the basic building blocks of healthy child development. But we, as parents and adults who care for children, can navigate these difficult waters when we understand what it is children need and how we can best help them in these rapidly changing times. Learn hand-on advice on how to create a safe, open, and imaginative environment for children and how you can take back childhood for your children. This topic will be presented by **Nancy Carlsson-Paige, Ed.D.**, Professor Emerita at Lesley University in Cambridge, MA, where she taught teachers for more than 30 years and was a founder of the University's **Center for Peaceable Schools**. Nancy has written and spoken extensively about the impact of violence, especially in the media, on children's lives and social development and how children learn the skills for caring relationships and positive conflict resolution. She is the

author and co-author of five books and has written numerous articles. Her most recent book is *Taking Back Childhood*. Sponsored by **The Alliance for Early Childhood**, www.theallianceforec.org.

NEW! SPECIAL NEEDS

Sunday, January 29, Open House for Families with Children with Special Needs, 12-1:00 PM, Glencoe Public Library, 320 Park Ave, Glencoe, 60022. Wondering what resources might be available for your family? Not sure how your child will respond to the library? Visit the **Glencoe Public Library** and take a low-key tour with other families with children with special needs. The library invites families to come to the library one hour before our official opening time to learn more about what we offer to all children in Glencoe. There's something for everyone at the library! Free. For more information, contact the library at 847-835-5056, or visit their website at www.glencoepubliclibrary.org

NEW! RAISING CHILDREN AND ADOLESCENTS

Tuesday, January 31, An Evening with Rob Evans, 6-7:30 PM, Countryside Montessori School, 1985 Pfingsten Rd., Northbrook, 60062 (**RSVP**). There is no harder job than being a parent. Nothing else touches so much of a person so deeply – or so unpredictably—and there is no training for it. As the pace of life accelerates, as media influences intensify, and as the future grows less predictable, parents find it harder to know how to raise children of character, caring, and competence, how to resist negative influences in the surrounding culture, how to help foster strength and resilience in children. **Rob Evans, Ed.D.** will outline key dilemmas in raising children and adolescents today and offer concrete suggestions for successful coping at home and school. Dr. Evans is a clinical and organizational psychologist and the **Executive Director of The Human Relations Service** in Wellesley, MA. A former high school and pre-school teacher, and a former child and family therapist, he has worked with schools and families for thirty years. He has consulted with over 1,500 schools around the country. His presentations are known for their lively wit and plain talk. Dr. Evans is the author of many articles and three books, including *Family Matters: How Schools Can Cope with The Crisis in Childrearing*. Call Karen at 847-498-1105 or email karen@countrysidemontessori.org to reserve a space.

NEW! AMERICAN EDUCATION AND GLOBALIZATION

Thursday, February 2, What Does a High-Quality Education Mean?, 9:15 to 11:00 AM, Barrington High School Auditorium, 616 W. Main St., Barrington, 60010. *This program is FREE and open to the public.* The media often report that America's schools are not preparing students to be globally competitive, that American education is in decline, and that American students' education experiences are inadequate compared with those in other nations. But is this all true? Data is often presented showing children in other countries, such as Finland, Singapore, China and Korea, outperform American students on international tests, have longer school days and school years, and are more serious about academics than are students in American schools. But are these good indicators of a high-quality education? Is America's current reform that moves a decentralized autonomous education system toward a more centralized and standardized system desirable? Will test-based accountability through a national common curriculum enforced by common assessment connected to teacher evaluation prepare America's future generations for the globalized world? In this presentation, **Yong Zhao, Ph.D.**, author of *Catching Up or Leading the Way: American Education in the Age of Globalization*, discusses these questions from a historical and global

perspective, drawing upon a broad range of research and his extensive personal experiences with education systems in China and the United States. Dr. Zhao will present his analysis of the implications of globalization for education and the strengths and weaknesses of American education for preparing globally competent citizens. Dr. Zhao is currently **Presidential Chair and Associate Dean for Global Education, College of Education at the University of Oregon**, where he also serves as the director of the **Center for Advanced Technology in Education (CATE)**. Dr. Zhao has extensive international experiences, and has consulted with government and educational agencies and spoken on educational issues on six continents. His current work focuses on designing 21st century schools in the context of globalization and the digital revolution. This presentation by Dr. Zhao is hosted and sponsored by the **Barrington 220 Global Education Task Force**, the **Barrington High School PTO Morningline Program**, the **Rotary Clubs of Barrington**, and **Quintessential Barrington Magazine**. Attendees can reserve their seat for this FREE event at www.barrington220.org/RSVP.

NEW! EDUCATION PARADIGMS AND GLOBALIZATION

Thursday, February 2, A New Education Paradigm for the Age of Globalization, 11:30 AM – 1:00 PM, The Garlands of Barrington Performing Arts Center, 1000 Garlands Lane, Barrington, 60010 (**RSVP; \$**). At a time when the world needs more creative and innovative talents to meet the unprecedented challenges and take advantage of the vast opportunities presented by technological changes and globalization, school systems around the globe continue to focus on producing good tests takers. At a time when old industries are rapidly replaced by new ones, schools continue to prepare students for jobs that may not even exist when they graduate. At a time when students need to learn to collaborate globally in this interconnected and interdependent village, schools continue to push a nationalistic Cold War style curriculum to make them “globally competitive.” At a time when children have become increasingly disengaged and disinterested with the outdated Industrial Age curriculum and pedagogy, schools are asked to cram more of the same. At a time when human diversity should be celebrated and taped into as assets, schools are asked to homogenize the curriculum and narrow children’s educational experiences. In this luncheon presentation for business and community leaders, **Yong Zhao, Ph.D.** provides a summary of his forthcoming book *Students as Global Entrepreneurs*. In this book, Dr. Zhao suggests a radical new approach to preparing our children for the globalized world. Instead of imposing on children a prescribed common curriculum derived from past experiences or research about what today’s employers need, Dr. Zhao proposes that we should prepare children as global entrepreneurs who are willing and able to create jobs in the global economy, to contribute positively to the globalized society, and to enjoy the vast cultural diversity of humanity. Dr. Zhao is also the author of the acclaimed book *Catching Up or Leading the Way: American Education in the Age of Globalization*. Dr. Zhao is currently **Presidential Chair and Associate Dean for Global Education, College of Education at the University of Oregon**, where he also serves as the director of the **Center for Advanced Technology in Education (CATE)**. Dr. Zhao has extensive international experiences, and has consulted with government and educational agencies and spoken on educational issues on six continents. His current work focuses on designing 21st century schools in the context of globalization and the digital revolution. This luncheon presentation by Dr. Zhao is hosted and sponsored by the **Barrington 220 Global Education Task Force**, the **Barrington High School PTO Morningline Program**, the **Rotary Clubs of**

Barrington, and *Quintessential Barrington Magazine*. Attendees can reserve their seat for this \$15 luncheon at www.barrington220.org/RSVP.

ADOLESCENT EMOTIONS

Tuesday, February 7, The Changing Moods of Adolescence: What's Normal and What's Not, 1:30 PM, North Shore Unitarian Church, 2100 Half Day Rd., Bannockburn, 60015. **Peggy Kubert, MA, LCSW**, is executive director of **Erika's Lighthouse**, an organization dedicated to raising awareness about mental health issues affecting teens. Ms. Kubert is a seasoned parent educator and facilitator of the **Hazelden Foundation's** parenting series, "Roots & Wings, Raising Resilient Children on the North Shore." Her program will help parents understand normal adolescent emotions and how to know when to get help in dealing with moodiness, irritability, defiance, etc. Sponsored by the **Deerfield Parent Network**. For more information, email deerfieldparentnetwork@gmail.com

NEW! ACADEMIC, SOCIAL AND EMOTIONAL LEARNING

Wednesday, February 8, Educating the Whole Student: Integrating Academic, Social and Emotional Learning, 7:00-9:00 PM, New Trier High School/Winnetka, Gaffney Auditorium, 385 Winnetka Ave., Winnetka, 60093. It's clear that social and emotional competence is essential to authentic success in adulthood. A confident, hopeful individual, versed in self-management strategies, resourceful, resilient, empathetic, ethical, respectful – isn't this the outcome so many of us desire for our children? In what ways can social and emotional learning (SEL) be taught in schools, and what sort of academic benefits derive from SEL skills? In 1994, **Roger Weissberg, Ph.D.**, along with others, including Daniel Goleman, Eileen Rockefeller Growald, and Tim Shriver, co-founded the **Collaborative for Academic, Social and Emotional Learning (CASEL)** at the **Yale Child Study Center**. Now headquartered in Chicago, CASEL is the preeminent international organization committed to making evidence-based social, emotional, and academic learning an essential part of preschool through high school education. For the past three decades, Dr. Weissberg has trained scholars and practitioners about innovative ways to design, implement, and evaluate family, school, and community interventions. For this program, Dr. Weissberg, a long-time resident of Wilmette, will reflect on his own family's experiences within New Trier Township schools, and his time spent in his children's classrooms. He will also broaden his scope and provide an overview of social and emotional learning (SEL), which was mandated in Illinois public schools with the passage of the Illinois Children's Mental Health Act of 2003. Dr. Weissberg will describe the benefits of a preK-12 SEL program, providing research about the links between academic success and SEL. He'll also describe CASEL's current ventures and future direction, particularly its national **Collaborating District Initiative**, supported in part by a new multi-million dollar grant from the **NoVo Foundation**. After Dr. Weissberg's presentation, he will be joined at a panel that will include **Catherine Wang, Glencoe D35 Director of Curriculum**; **Ryan Mollet, Central School (Glencoe) Principal**; and **Tim Hayes, Assistant Superintendent for Student Services at NTHS**. Glencoe D35 has been utilizing CASEL-based SEL initiatives in its schools for the past two years; Ms. Wang and Mr. Mollet will discuss how D35 implements SEL programs within the district's school communities, and how parents can help develop their child's fundamental skills for life effectiveness. Mr. Hayes will offer information and insights about NTHS' SEL programs to create safe, caring learning environments. Sponsored by the **Family Awareness Network of New Trier Township Schools (FAN)**, **New Trier High School's ECGC Parent Committee**,

Glencoe D35, and Erika's Lighthouse. FAN is grateful for its 2011-12 partnerships with North Shore Community Bank; NorthShore University HealthSystem; *Quintessential New Trier* magazine; and The Book Stall at Chestnut Court. CPDUs available for education professionals; no pre-registration required. CEUs available for health professionals with pre-registration at the FAN website. All programs are free and open to the public. For more information, visit www.fan-ntts.org

NEW! ADDICTION MEDICINE/TRAUMA TREATMENT

Thursday, February 8, Winter Seminar: Treating the Addicted Patient, 9:00 AM–12:00 PM, St. Joseph Hospital, Boikan Conference Room, 2900 N. Lake Shore Dr., Chicago, 60657 (RSVP). Presentations include: "Addiction Medicine: What's New, What's Tried and True," by **Michael Baldinger, MD, Medical Director, Harborview Recovery Center**; and "Post-9/11 and Trauma Recovery Work: New Developments and Implications for Clinical Treatment of Trauma," by **Gary Hill, Psy.D., LMFT, CSADC**. CEUs and Continental breakfast included at no cost. To register, please email cindy.brom@reshealthcare.org, or call 773-665-3371. Sponsored by **Harborview Recovery Center, St. Joseph Hospital, Addiction Medicine in Lincoln Park**.

SUICIDE AND DEPRESSION

Thursday, February 9, Beyond the Blues – Suicide and Depression, 9:30-11:00 AM, Marquardt Administration Center, 1860 Glen Ellyn Rd., Glendale Heights, 60189. The **Glenbard Parent Series** and the **Glenbard INTOUCH Committee (Illinois Network to Organize the Understanding of Community Health)** present **Jason J. Washburn, Ph.D., ABPP**. Dr. Washburn is **Director of the Center for Evidence-Based Practice at Alexian Brothers Behavioral Health Hospital** and is a highly respected specialist in child and adolescent psychology. In addition to his work at Alexian Brothers, Dr. Washburn is an assistant professor in the Department of Psychiatry and Behavioral Sciences at Northwestern University Feinberg School of Medicine, where he runs their clinical psychology doctoral program. This presentation will accomplish the following objectives using the latest evidence-based practices: 1) Reviews trends in adolescent suicide; 2) Understand myths vs. facts about suicide; 3) Review the key risk factors for adolescent suicide, including depression; 4) Review strategies for screening and early identification of depression and suicide; 5) Discuss comprehensive school-based suicide prevention programs; 6) Review treatments for suicide and depression. All GPS Programs are sponsored by the **Cebrin Goodman Center** (an affiliate of the **Lillian and Larry Goodman Foundation**). All are welcome to this free presentation and no advance registration is required. For more information contact Gilda Ross, Glenbard Student and Community Projects Coordinator at 630 942-7573 or by email at gilda_ross@glenbard.org.

TEEN GUIDANCE FROM A TEEN

Wednesday, February 22, Turning A Mess Into A Message, 7:00 PM, Glenbard North High School Auditorium, 990 Kuhn Rd., Carol Stream, 60188. **Josh Shipp** will present a free program in the Glenbard "GPS" Parent-Education Series (Glenbard Parent Series: Navigating Healthy Families). Shipp is the host of the TV show **JUMP SHIPP**, author of *The Teens's Guide to World Domination* and has been listed on INC. Magazine's "30 under 30" list. Shipp has addressed thousand of parents, educators, and mental health professionals , and serves as the teen-expert consultant for such media outlets as MTV, CNN, ABC and FOX.

Josh Shipp explains the world of teens in a fresh, hip, intelligent matter that is straightforward and entertaining. Highlights of Shipp's GPS presentation will include: 1) How to get through to teens who have "checked out"; 2) How to help your teen make positive choices; 3) How to assist your teen in overcoming peer pressure; 4) Overcoming adversity; 5) Helping your teen strive to be his/her best; 6) The benefits of a positive attitude; and 7) The importance of parental modeling of appropriate behaviors. The GPS parent programs are generously funded by the **Cebirin Goodman Center** (an affiliate of the **Lillian and Larry Goodman Foundation**). And GPS programs are free and open to all. Students are welcome. No advance registration is required. A 6:30 PM "Conversation with the Superintendent" with District 87's **Dr. Michael Meissen** precedes Josh Shipp's GPS presentation. For further information contact Gilda Ross – Glenbard Student and Community Projects Coordinator – at 630-942-7573, or email gilda_ross@glenbard.org

UNDERSTANDING TEENS

Thursday, February 23, Don't Be Average, 7:00 PM, Loyola Academy Theatre, 1100 Laramie, Wilmette, 60091. Titled "The Dr. Phil for teens" by FOX and "The Teen Dear Abby" by CNN, teen expert **Josh Shipp** has earned an international reputation as a leading authority on getting through to teens. His goal is to help teens "get it" and help those who care about teens – "get through to them." Josh Shipp has been a guest media expert on countless media outlets including CNN, MTV, FOX, ABC, TLC, and in print in *The Los Angeles Times*, *The New York Times*, *The Washington Post* and OPRAH.com. Josh explains the world of teenagers in a fresh, hip, intelligent matter that is straightforward and entertaining to digest. He will be speaking to the junior class in the morning. All parents of juniors are expected to attend. Sponsored by **Loyola Academy's Guidance Department's Health & Wellness Program**. All parents and guests are welcome at each program. No fee is charged. No reservations required. To find out more please contact Selina McGuire at 847-920-2512 or smcguire@loy.org

COLLABORATIVE PROBLEM SOLVING

Thursday, March 1, Kids Do Well If They Can: Collaborative Problem Solving, 7:00-9:00 PM, Glenbard West High School auditorium, 670 Crescent Blvd., Glen Ellyn, 60137. **Ross W. Greene, Ph.D.** is **Associate Clinical Professor** in the **Department of Psychiatry at Harvard Medical School** and the originator of Collaborative Problem Solving (CPS), an approach for helping children with social, emotional, and behavioral challenges. The model was first described in Dr. Greene's book *The Explosive Child*. The CPS approach is best understood as behavioral issues being the by-product of lagging cognitive skills rather than as the result of passive, permissive, or inconsistent parenting. An explosive child's behavior is characterized by noncompliance, temper outbursts and verbal or physical aggression – which often leaves parents feeling frustrated, guilt-ridden, and overwhelmed. Dr. Greene will help parents gain the knowledge, skills and confidence to handle these situations effectively and humanely. Workshop participants will learn about the factors that contribute to a child's explosions, to intervene proactively by anticipating situations, to reduce explosions by replacing rewards and punishments with CPS, to help your student develop the skills to be more flexible, and to reduce hostility between you and your teen. With Dr. Greene's practical, expert advice parents and adolescents will forge a new relationship based on communication and mutual respect. All GPS programs are presented by the **Cebirin Goodman Center**, an affiliate of the **Lillian and Larry Goodman Foundation** and **CASE**. All are welcome and no registration is required. For more

information contact Gilda Ross, Glenbard Student and Community Projects Coordinator at 630 942-7573 or at gilda_ross@glenbard.org

NEW! YOUNG ADULT LIFE MATTERS

Friday, March 2, Friday Salon: Parents – Don't Let Them Leave Home Without Signatures, 4-5:30 PM, Women's Exchange, Winnetka Community House Annex, 620 Lincoln Ave., Winnetka, 60093 (**RSVP; \$**). Join **Kate Van Dyke, MA**, from **Coaching, Inc.**, as she shares the needs when "having the conversation" with young adults 18+ about health, legal and medical documents. As part of this SALON, Kate will also review the significance of having a Health Power of Attorney document for the 18+ in our life. Call 847-441-3406 to RSVP.

SEX AND SEXUALITY

Wednesday, March 7, Let's Talk Sense About Sex, 7:00 PM, Loyola Academy Theatre, 1100 Laramie, Wilmette, 60091. Healthy sexuality is a topic we cannot evade or ignore today. What is the difference between sex and sexuality? How do you answer the tricky questions your children pose about sexuality? How do you overcome the negative influences from our popular culture? **Terry Nelson-Johnson, D.Min.** is an energetic and passionate speaker who uses his gift of humor to help parents deal with this sensitive subject matter. Dr. Nelson-Johnson will be presenting to the entire Junior class. All parents of juniors are expected to attend. Sponsored by **Loyola Academy's Guidance Department's Health & Wellness Program**. All parents and guests are welcome at each program. No fee is charged. No reservations required. To find out more please contact Selina McGuire at 847-920-2512 or smcguire@loy.org

TEENS & THE LAW

Wednesday, March 21, Teens & the Law: What Parents Need to Know, 7:30 PM, Deerfield High School, Room E114, 1959 N. Waukegan Rd., Deerfield, 60015. Presented by a Lake County judge, **Chris Stride, Chief of the Juvenile Division of Lake County State's Attorneys Office**, **Claudia Kasten**, defense attorney, **Elliott Pinsell**, and the **Deerfield Police**. You won't want to miss this informative and eye-opening program covering such topics as "sexting," consequences of fake I.D. use, underage drinking and drug use, parental liability, etc. Sponsored by the **Deerfield Parent Network**. For more information, email deerfieldparentnetwork@gmail.com

THE NEUROBIOLOGY OF EXERCISE

Monday, April 16, Spark: The Revolutionary Science of Exercise and the Brain/Driven to Distraction, 7:00 PM, Loyola Academy Theatre, 1100 Laramie, Wilmette, 60091. **John J. Ratey, MD** is an **Associate Clinical Professor of Psychiatry** at **Harvard Medical School**, speaker, and author, as well a clinical psychiatrist maintaining a private practice in Cambridge, MA. He has lectured and published 60 peer-reviewed articles on the topics of aggression, autism, ADHD, and other issues in neuropsychiatry. Dr. Ratey has authored *A User's Guide to the Brain* (2000) and co-authored *Shadow Syndromes* (1997) with Catherine Johnson, PhD. From 1994 to 2005, he co-authored *Driven to Distraction* (1994), *Answers to Distraction* (1995) and *Delivered from Distraction* (2005) with Edward Hallowell, MD. Additionally, he has edited several books including *The Neuropsychiatry of Personality Disorders* (1994), published by Blackwell Scientific. Most recently, Dr. Ratey has penned *Spark: The Revolutionary New Science of*

Exercise and the Brain. In *Spark*, Dr. Ratey guides the reader to an understanding of neurobiology and inspires the reader to reach for their potential, and embrace exercise that is crucial for the brain and body to operate at peak performance. All Loyola parents are expected to attend. Sponsored by **Loyola Academy's Guidance Department's Health & Wellness Program**. All parents and guests are welcome at each program. No fee is charged. No reservations required. To find out more please contact Selina McGuire at 847-920-2512 or smcguire@loy.org

EXERCISE AND THE BRAIN

Tuesday, April 17, Spark: The Revolutionary Science of Exercise and the Brain, 9:30 AM-12:30 PM, Glenbard South High School Auditorium, 23W200 Butterfield Rd., Glen Ellyn, 60137. The **Glenbard Parent Series (GPS: Navigating Healthy Families)** is proud and excited to feature **John Ratey, M.D.** as he presents a workshop on *Spark: The Revolutionary Science of Exercise and the Brain*, his latest nonfiction bestseller. Dr. Ratey is an **Associate Clinical Professor at the Harvard Medical School**, a highly sought-after speaker, author of multiple best sellers, and a respected researcher who has produced over sixty peer-reviewed articles on autism, ADHD, ADD, and addiction. During this GPS workshop, Dr. Ratey will teach both teens and parents how to 'supercharge' mental circuits through exercise to help alleviate stress, sharpen the thought process, elevate mood, and enhance learning. Dr. Ratey's evidence-based concepts demonstrate the mind/body connection that allows individuals to utilize the best defense against neurologic disorders that can compromise the ability to learn: exercise. With the challenges of today's many school-associated stressors Dr. Ratey's presentation is a "must see." Participants will be inspired as they learn how the brain functions like a muscle – and how exercise can mean the difference between a calm focused mind and an inattentive one. GPS is funded in part by a grant from the **Cebrin Goodman Center** (an affiliate of the **Lillian and Larry Goodman Foundation**) and **CASE (Cooperative Association for Special Education)**. All are welcome to these free programs, and no registration is required. For further information, contact Gilda Ross, Glenbard District 87 Student and Community Projects Coordinator, at 630-942-7573 or email gilda_ross@glenbard.org.

EXERCISE AND THE BRAIN

Tuesday, April 17, Spark: The Revolutionary Science of Exercise and the Brain, 7-9:00 PM, Glenbard East High School Auditorium, 1014 S. Main St., Lombard, 60148. The **Glenbard Parent Series (GPS: Navigating Healthy Families)** is proud and excited to feature **John Ratey, M.D.** as he presents a workshop on *Spark: The Revolutionary Science of Exercise and the Brain*, his latest nonfiction bestseller. Dr. Ratey is an **Associate Clinical Professor at the Harvard Medical School**, a highly sought-after speaker, author of multiple best sellers, and a respected researcher who has produced over sixty peer-reviewed articles on autism, ADHD, ADD, and addiction. During this GPS workshop, Dr. Ratey will teach both teens and parents how to 'supercharge' mental circuits through exercise to help alleviate stress, sharpen the thought process, elevate mood, and enhance learning. Dr. Ratey's evidence-based concepts demonstrate the mind/body connection that allows individuals to utilize the best defense against neurologic disorders that can compromise the ability to learn: exercise. With the challenges of today's many school-associated stressors Dr. Ratey's presentation is a "must see." Participants will be inspired as they learn how the brain functions like a muscle – and how exercise can mean the difference between a calm focused mind and an inattentive one. GPS is funded in part by a grant from

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NEW! FUNDRAISER

Friday, January 20, "Megamind" Movie Night, 6:30-8:30 PM, Winnetka Community House, 620 Lincoln Ave., Winnetka, 60093 (**RSVP; \$; F**). Winter doesn't mean you have to be stuck at home! Join friends and families at the **Winnetka Community House's** annual movie night, with this year's film, "Megamind." Kids will enjoy this action-packed animated comedy about a super villain who learns he truly can do good. While kids snack on popcorn, juice and hot chocolate, adults can enjoy wine, beer and socializing. Children must be accompanied by a parent or guardian. \$15 per person. To register, go to www.winnetkacommunityhouse.org or call 847-446-0537. All proceeds benefit the Winnetka Community House, a non-tax supported organization.

FUNDRAISER

Saturday, March 3, Soaring to New Heights, 6:00 PM, Hyatt Regency O'Hare, 9300 Bryn Mawr Ave., Rosemont, 60018. Sponsored by **The Cove School (RSVP; \$; F)**. Tickets are \$175 each and corporate sponsorship opportunities are available. The Cove School serves children with complex learning disabilities from kindergarten through 12th grade. Cove is located in Northbrook, Illinois and serves approximately 150 students from over 50 different districts throughout the Chicagoland area. For more info, 847-696-1234.